

Disney **THE LION KING**



VISUAL STORY FOR CAPITOL THEATRE, SYDNEY

Step-by-step, what to expect when you see the Relaxed Performance of THE LION KING on 29 August, 2026.

The background of the entire page is a large, stylized, light gray image of a lion's face, looking forward. The lion's features, including its eyes, nose, and mane, are subtly visible behind the text.

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THE LION KING
THE WORLD'S #1 MUSICAL

Before you book tickets to see the Relaxed Performance of THE LION KING, there are a few things you should know.

- **At this performance you are encouraged to be completely yourself during the show.**
- **The show runs for approximately 2.5 hours**
- **The people around you may make sounds, move around, fidget or use noise cancelling headphones, and you can do this too.**
- **Based on an assessment by Aspect (Autism Spectrum Australia), modifications will be made to the show, foyers and the entire experience, to consider and care for everyone who may need specific supports. There will be extra staff on hand and dedicated quiet areas.**
- **It's important to note that there are still production effects and sensorily significant moments in the show at the Relaxed Performance.**
- **The music in the show is performed by a live orchestra (musicians located in the orchestra pit below the stage). The music can be very loud at times.**
- **Before the performance a pre-show welcome will take place to introduce the volume of the orchestra, some of the characters and sensory-significant scenes.**
- **During the performance, nuanced adjustments will be made to both the lighting and sound levels to accommodate sensory sensitivities. However, where adjustments cannot be made, or a significant sensory moment will still occur, a pre-warning light system will be used so you can prepare, e.g. put on noise cancelling headphones or shut your eyes.**
- **You can bring along any tools to help you cope with these effects, such as headphones, ear plugs or sensory toys.**

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The musical is based on the 1994 animated film, but a few changes have been made.

It is not an exact replica of what you see on screen at home, but an enchanting live-theatre experience! There are cast members who sing, act and dance on stage, amazing sets, a live orchestra and even additional songs that were not in the film.



What to bring to the theatre for your visit:

- Your bag should be smaller than an A4 piece of paper. Staff at the theatre may ask to look in your bag, but you don't need to worry as this is just a quick safety check!
- You can pack any sensory tools that will help you at the theatre, such as earplugs or dark glasses.
- The seats in the theatre are a textured upholstery fabric. If that will make you uncomfortable, you might want to pack something to cover the seat such as a blanket or jacket to sit on.

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What to wear to the theatre:

- Many people wear smart casual to the theatre or dress up to make it a special occasion.
- Some people may come as 'Disneybound', that is, dress in outfits dedicated to their favourite Disney character.



When To Arrive:

- It is recommended to arrive at the theatre between 1 hour to 15 minutes before the performance is scheduled to begin.
- If you would like to arrive as early as possible, the external doors to the theatre usually open around 1 hour prior to the performance start time.
- If you would prefer to go straight to your seat inside the auditorium and not spend too much time in the foyers, the auditorium doors open about 30 minutes prior to the start of the performance.

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THE LION KING is at the Capitol Theatre in Sydney.
There are big signs outside the theatre which say 'THE LION KING'.



You may have to wait in a queue when you get to the theatre, and it can be quite crowded and noisy.



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You will need to show your tickets to an usher to get into the theatre. An usher is someone who works for the theatre.



When you go inside the theatre you will see someone selling programs (optional). Programs have information and pictures about the show and actors. You can also purchase merchandise at the theatre.



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If you need any help with your tickets, either to get them printed or help with downloading them, you can visit the Box Office when you arrive at the theatre. The box office is in the main theatre foyer area and is clearly marked. The box office will open 2 hours prior to the performance.

The Capitol Theatre has 2 levels. You may need to walk up some stairs to get to your seats for the performance.

If you are sitting in the **Stalls**, you can walk through here.



If you are sitting in the **Dress Circle**, you can walk through here.

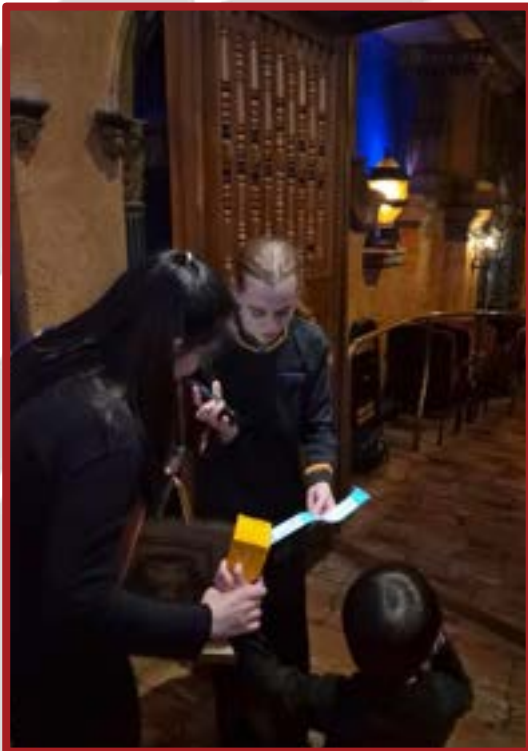


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There are toilets at the theatre on all levels. If you need to use the toilet, just ask an usher to show you where they are. These are signs to show you where the toilets are.



When the performance is about to begin, a repeated bell sound will play over the speakers in the foyer. This tells everyone that it is time to take your seat.



When you reach the auditorium, an usher will look at your tickets and tell you where your seats are. The letter on your ticket will tell you which row your seat is in. The number on your tickets will tell you which seat to sit in.

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The inside of the theatre where the seats are is called the auditorium. It is very big and there are lots of seats.



When you get to your seats you can sit down and relax. There will be lots of other people sitting near you and it will be quite noisy.



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At approximately 1.30pm a pre-show welcome will take place. I will sit in my seat and a person with a microphone will say hello from the front of the auditorium.

They will then:

- Talk a bit about why we are all gathered here today at a Relaxed Performance
- Introduce some of the actors playing certain characters in the show, and some of the props/puppets they will use.
- Introduce the 'pre-warning' light system. The host will point to the lighting board in front of the stage that will look something like this:



Blue Light = Visual Warning

A blue light means that something intensely visual is about to happen on stage (e.g. strobe lighting).

Green Light = Sound Warning

A green light means that something loud or a sudden noise is about to happen (e.g. storm/lightning effects).

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If you need assistance at any point during the day, you can approach any member of staff. Volunteers will be wearing white t-shirts, and trained Aspect staff will be wearing red t-shirts.



All you need to do is say something like
“Excuse me, can you please help me? How do I... / I need help with... / I have a question about...”

If you need a break during the performance, there are dedicated quiet spaces across the theatre. Note - the foyer is not a completely enclosed room and there will be some ambient sound. This area is screened off for privacy and will be always staffed.



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When it is time for the show to start, there will be members of staff walking around the theatre with a sign reading 'The show is about to start'. The theatre will go darker, the audience will stop talking and they may clap.



When the show starts, you will hear an actor start to sing and it is very loud. It won't be loud for very long so don't worry.



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Seeing a show is like watching television, or a film, but the people in a show are on a stage and they are called actors.



THE LION KING is a special kind of show called a musical. The actors will tell a story by talking, singing and dancing.



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There are lots of puppets in the show. Sometimes they are very large and sometimes quite small. There will be beautiful giraffes, elephants, hyenas and other animals. Some actors will have flying bird puppets.

The puppet we can see here is being held by the actor.



Here are some actors wearing large puppets. These actors walk through the audience in the Stalls area to get to the stage. There will also be singers appearing in the Dress Circle area.



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Some of the animals and singers may come close to you.
The animals are not real, they are just actors wearing costumes and makeup. It is important that you stay in your seat when the animals are walking to the stage. It is also important that you do not touch them.



After the animals and actors are all on stage, they will sing a song called 'Circle of Life' and start to tell the story of THE LION KING.



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Seeing a live performance can be a lot of fun. There is lots of singing and dancing. Sometimes it might be loud but don't worry, nothing will hurt you. If the sounds are too loud you can put your hands over your ears, or wear your headphones (if you brought some with you).



After each song, some people will clap. Clapping is nice because it tells the actors you liked their song. If you want to clap, you can. You don't have to clap if you don't want to.



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In the middle of the show, there is a break. This break is called an interval. During the interval you can use the toilet and have a drink or a snack.



After the interval, everyone will come back and sit down in their seats again. It will get darker and quieter again just like at the beginning of the show. The actors will come back on the stage and finish telling THE LION KING story.



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Once the show has finished, the cast will perform what is called the 'curtain call' or the 'bows'. Each actor will walk to the front of the stage and bow. The audience will clap loudly and some may even stand up. You can join in and applaud if you want to, but you don't have to.

After the show is over, you will leave the theatre. You can walk out any venue door as you leave. If you are getting picked up, most people get picked up outside the theatre. Otherwise, you can take public transport home or return to your car in the carpark.



**We hope you have a lovely time
at THE LION KING!**